



CERTIFICATE OF PARTICIPATION

This is to certify that

Jan Van Heerden

Has successfully participated & completed the

23km Cradle Escape - Adventure (7am)

held at Cradle Moon Lodge.

TIME 01:44:22

PACE 13.22km/h

OVERALL 13 of 43

GENDER 12 of 40

VETERAN 4 of 17

12 September 2020, Sat

Date



BoutTime

Signature

